



Sheena Prante

Assistant Golf Professional

Sheena.Prante@salishcliffs.com

Born: Olympia, WA

Turned Professional: 2019

Professional Background:

- Class A member of the PGA
- Graduate of Eastern Washington University – Member of Women’s Golf Team
- Master of Science – Sports/Athletic Administration; Minor in Coaching
- Previous employment has included:
 - Assistant Women’s Golf Coach at Eastern Washington University 2008-2010
 - First Tee of Olympia - Olympia, WA
 - The Home Course – DuPont, WA
 - Delphi Golf Club – Olympia, WA
- Playing Accomplishments
 - Top 10 twice in the Big Sky Conference Championship
 - Top 10 at the Fresno State Invitational, Inland Empire Intercollegiate
 - Top 15 at Santa Clara Colby Invitational
 - 2nd place at 2002 Pacific Northwest Women's Amateur Public Links Championship.
 - Tied for 2nd place PNGA Amateur Public Links Championships 2005

Teaching Philosophy

I received instruction from Jeff Coston of Semiahmoo Golf & Country Club during my collegiate years and beyond - adopting his teaching philosophy and ideologies of swing on a shallow angle, be on plane, controlling the angle of attack.

Favorite golfer: Tiger Woods

Favorite golf course played: Palm Valley Golf Club - AZ

Best golf tip: Visualize every shot how you want to hit it, before you hit it.

Favorite thing to do when not golfing: Spending time with family, dogs and riding quads!